Mounting Instructions for seca 216 model

Position the sliding head piece all the way to the top of the stadiometer and tighten the adjustment knob to lock in to place.

Choose a measuring range that best fits your needs and guide measuring strip through channel to the maximum height desired (recommended 90"). This can be read by the red pointer line from the sliding head piece.

Lock the measuring guide snap holders at both the top and bottom of the stadiometer.

Align on the wall with the zero on the bottom of the measuring strip placed where the crease of the wall and floor meet.

Mark the 3 holes to attach mounting screws. (For best result using a level is recommend to insure the unit is mounted straight on the wall)

After mounting screws have been attached excess tape should be removed by cutting both ends of the measuring strip.